The Center for Tibetan Qigong - Napa Valley

You are invited to support the establishment of Tibetan Qigong in the West

Since 2002 when classes were first offered in the Napa Valley, many people have experienced the power and healing benefits of Tibetan Qigong, an effective self-healing practice. Students report that Tibetan Qigong keeps them centered during difficult times, makes their jobs easier, or that chronic pain has disappeared.

The Center for Tibetan Qigong – Napa Valley is a California nonprofit organization established in 2008. It has tax-exempt status under Section 501(c)(3) of the Internal Revenue Code. Contributions are tax-deductible, to the extent allowed by law. Our goals are to reduce suffering by promoting the self-healing practices of Tibetan Qigong to enhance health, personal well-being and compassionate understanding and behavior. We also make donations to Tibetan monasteries to help preserve Tibet's rich spiritual heritage.

Our History – Our teachers were trained by Master Zi Sheng Wang (Chöying Randrol) who was directed by his root teacher of 40 years, the Venerable Khenpo Munsel Rinpoche (Tuchen Gyatso) of the Nyingma lineage, to bring Dharma (Buddhist teachings) and Tibetan Qigong to the West. Master Wang arrived in the U.S. in 1995 and began teaching Tibetan Qigong and training teachers so that Westerners might have the opportunity to benefit from these ancient Buddhist practices. We also now have teachers who were trained in these lineage teachings by Master Wang's advanced Tibetan Qigong students.

Benefits – The foundation practices of Tibetan Qigong can rapidly increase and balance the energies in the body, reduce stress and enhance the immune system. These practices have shown outstanding results for self-healing and building both physical and inner strength. They are also effective as preparation for achievement of higher levels of Vajrayana practice.

Members receive a 50% discount on repeat teachings

If paying by check, please send your check to:

CTQNV
P.O. Box 145
Pope Valley CA 94567

To pay by PayPal, please visit: www.CTQNV.org

Annual Membership Fee: $35 Amount of enclosed check $_____ Thank you!

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