

TIBETAN QIGONG CLASSES, NAPA, CA ~ 2011 & 2012

Class	Class Date(s)	Location	Times/#Day(s)	Cost
Five Element Stake	1/9, 1/16 & 1/23/2011	Napa, CA	10-11:30am 3 Sundays	\$90.00
Face Massage & Patting the Meridians	2/1, 2/8 & 2/15, 2011 Register online www.adulted.nvUSD.k12.ca.us or call 707.253.3594	Napa, CA Napa Valley Adult Education NVUSD	6:30-8pm 3 Tuesdays	\$90 Sorry, no CTQNV membership discount available.
One Finger Zen Dynamic Form	2/6, 2/13 & 2/20/2011	Napa, Ca	10-11:30am 3 Sundays	\$90.00
3 Day Intensive Workshop –2011 (Five Element Stake, One Finger Zen Dynamic & One Finger Zen Still)	3/15-17/2011	Napa, CA	10am-1pm & 3- 5pm Tu/W/Th	\$500 (\$250 deposit)
Face Massage & Patting the Meridians	03/18/11	Napa, CA	10am-1pm Friday	\$65 *This is a special discount for participants of 3 Day Workshop.
One Finger Zen Still Form	3/20, 3/27 & 4/3/2011	Napa, CA	10-11:30am 3 Sundays	\$90.00
3 Day Intensive Workshop – 2011 (See description above.)	12/6-8/2011	Napa, CA	10am-1pm & 3- 5pm Tu/W/Th	\$500 (\$250 deposit)
Face Massage & Patting the Meridians	12/09/11	Napa, CA	10am-1pm Friday	\$65 (*See above)
3 Day Intensive Workshop – 2012 (See description above.)	2/7-9/2012	Napa, CA	10am-1pm & 3- 5pm Tu/W/Th	\$500 (\$250 deposit)
Face Massage & Patting the Meridians	02/10/12	Napa, CA	10am-1pm Friday	\$65 (*See above)

Center for Tibetan Qigong-Napa Valley (CTQNV) Member Discounts: For students who are CTQNV members, a \$45 discount is given for each class that is repeated (e.g., If you're taking the 3 Day Workshop & are repeating one class, the total fees will be \$500 - \$45 or \$455; if 2 classes are repeated the fee will be \$410; if 3 classes are repeated the total fee will be \$365). If you plan to take **Face Massage & Patting the Meridians class** following the 3 Day Workshop, please add \$65 to the 3 Day Workshop fees. (Note: If you are a CTQNV member who is repeating **Face Massage & Patting the Meridians** you will receive a discounted fee for this class; inquire for details.)

RESERVATIONS

Phone 707.224.5613 or email kayluthi@gmail.com

For 3 Day Intensive Workshops a deposit of 50% of the tuition is required upon registration.

**For more information about the 3 Day Intensive Workshop & descriptions of Level I practices
visit www.kayluthi-tibetanqigong.com**