The Center for Tibetan Qigong ~ Napa Valley

Invites you to support the establishment of Tibetan Qigong in the West by becoming a Member

Tibetan Qigong: A Path to Healing. From the time classes were first offered in Napa Valley in 2002, many people have experienced the power and healing benefits of Tibetan Qigong, an effective self-healing practice. Students report that Tibetan Qigong keeps them centered during difficult times, reduces stress, makes their jobs easier, or that chronic pain has disappeared.

The Center for Tibetan Qigong – Napa Valley has recently incorporated to become a California nonprofit organization with 501(c)(3) status. Our goals are to reduce suffering by promoting the self-healing practices of Tibetan Qigong and to establish a permanent location in Napa Valley for Tibetan Qigong practice and meditation. We will also make donations to Tibetan monasteries to help preserve Tibet's rich spiritual heritage.

Our History – Our teachers were trained by Master Zi Sheng Wang (Chiyan Rangdro) who was directed by his root teacher of 40 years, the venerable Khenpo Munsel Rinpoche (Tuchen Gyatso) of the Nyingma lineage, to bring Tibetan Qigong to the West. Master Wang arrived in the U.S. in 1995 and began teaching Tibetan Qigong and training teachers so that Westerners might have the opportunity to benefit from these ancient Buddhist practices.

Benefits - The foundation practices of Tibetan Qigong can rapidly increase and balance the energies in the body, reduce stress and enhance the immune system. These practices have shown outstanding results for healing disease and building both physical and inner strength. They are also effective as preparation for achievement of higher levels of Vajrayana practice.

Help promote the self-healing benefits of Tibetan Qigong by becoming a member of The Center for Tibetan Qigong – Napa Valley

The Center for Tibetan Qigong – Napa Valley is a tax-exempt organization under Section 501(c)(3) of the Internal Revenue Code. Contributions are tax-deductible, to the extent allowed by law.

Become a member online or mail this form and your check to:

The Center for Tibetan Qigong – Napa Valley
4456 Moffitt Drive
Napa, CA 94558

Annual Membership fee: $35
You will receive our schedule of events, and a 50% discount on repeat teachings.
Donations in any amount are greatly appreciated. Please indicate the amount of your donation: $_____.

Amount of enclosed check: _____ Thank you!

Please make checks payable to: **The Center for Tibetan Qigong – Napa Valley**

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